

Blue Heron Waltz

3C Longways

Susan and Tom Amessé

Music: Blue Heron Waltz by Rachel Bell

Once through the Dance is TWICE through the music

- A1 1-4 Ones weave to the bottom:
(Lead down through the twos, separate and dance down behind the threes to end below the set facing up)
5-8 Ones (at bottom) half figure eight up
- A2 1-4 Ones weave to the top:
(Lead up through the threes, separate and dance up behind the twos to end home, improper, facing down)
5-8 Ones (at top) half figure eight down
(All are home and proper)
- B1 1-4 Threes cast up (Two Places) to the top WHILE
(1-2) Ones and Twos lead down one place
(3-4) Ones and Twos 2-hand turn HALFWAY
5-8 Ones and Twos HALF Poussette (CW)
(First W & Second M Forward to start)
Repeat from new places:
- B2 1-4 Ones (at bottom) cast up (Two Places) to the top WHILE
(1-2) Threes (top) and Twos (middle) lead down one place
(3-4) Threes (middle) and Twos (bottom) 2-Hand Turn HALFWAY
5-8 Threes (middle) and Twos (bottom) HALF Poussette (CW)
(End – ones: top improper, twos: middle proper, threes: bottom improper)
(Twos end farther away from partner -- The Set is Now a Circle)
- A3 1-4 Men LH star once around – Ladies Face Left on 4th bar
5-8 Left shoulder gypsy (Ones w/Partner, Twos & Threes w/Neighbor)
- A4 1-4 Ladies RH star once around – Men Face Right on 4th bar
5-8 Right shoulder gypsy (With the same dancer as in A3 5-8)
- B3 1-4 Circle L HALF way (End: From top: 3s – 2s Improper – 1s)
5-8 All Set moving forward and Turn Single to Lines of 3 facing across.
- B4 1-4 All Back to Back
5-8 Middles Cross over & Dance Up behind the original 3s to the Top
While original 3s (at top) meet and move down One Place
(End 2-3-1 all proper)

Note: It is helpful to remind the bottom couple in the B1 1-4 and the B2 1-4 to cast up to the top then wait while only the other two couples 2 hand turn halfway.